VOL-1 ISSUE - 17

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AUG 06-12, 2021

Latest Art, Culture, Food, Tourism news, views & announcements

CULTURAL eMAGAZINE

INK OCHI

FIRST OF ITS KIND FROM KERALA

Weekly Collection

17

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Introducing
Visual Artist
Gigi K Thomas

with love TANIA LIZZOVA

SIGNIFICANCE OF

ONE-ACT PLAYS

ARTIST ATHIRA SASIDHARAN

CULTURAL eMAGAZINE
INK OCHI
FIRST OF ITS KIND FROM KERALA

Editor's Note

Significance of One-Act plays

The one-act play, like the short story, is a work of literary art, and must be approached as such. Just like a painting or a poem or a fine public building, the one-act play aims at making a singleness of effect upon the reader or observer.

One does not judge a statue, or a poem, or any other work of art, by the appearance of any isolated part of it, but by the sum-total effect of the whole. The fundamental aim of a one-act play is that it shall so present a singleness of effect to the reader or to the assembled group who have gathered to witness a performance of it, that the reader or observer will be provoked to emotional response thereto.

Thus, when a student reads a play like George Middleton's Tradition, he is made to see and feel that the life of a daughter has been handicapped and the longings of a mother smothered because of the conventional narrowness of an otherwise loving father. This is the singleness of effect of the play; this is its theme. This is precisely what the author of the play wished his reader or observer to see and feel.

Happy Reading...!!
Varghese T. Thomas

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Athira asidharan

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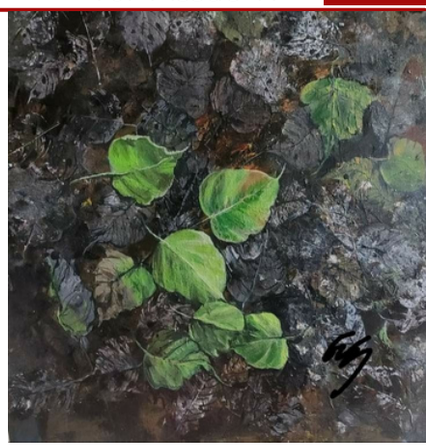
INTRODUCING

VISUAL ARTIST

GIGI K. THOMAS



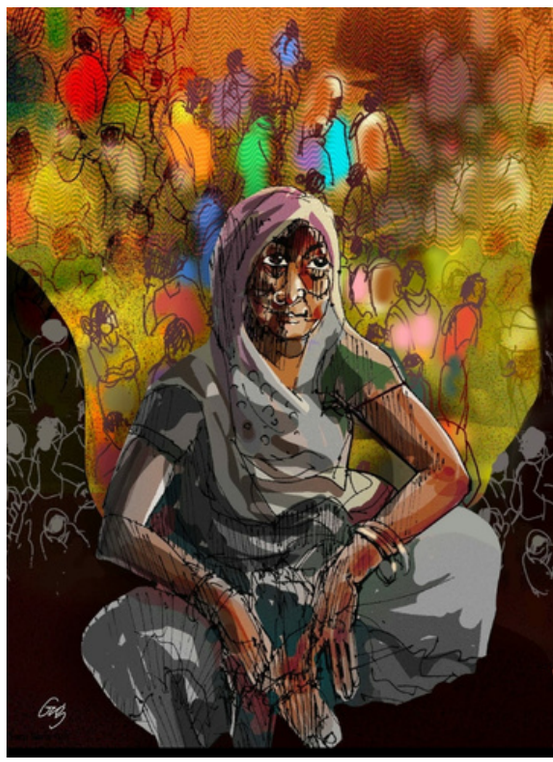
Acrylic on canvas

BY: EDITORIAL STAFF

Gigi - an artist who works in mixed and multiple media is a way of talking about art that is created from the combination of different artistic media. For Gigi, it sometimes indicates a mindset of seeing anything and everything as having the potential to create art.

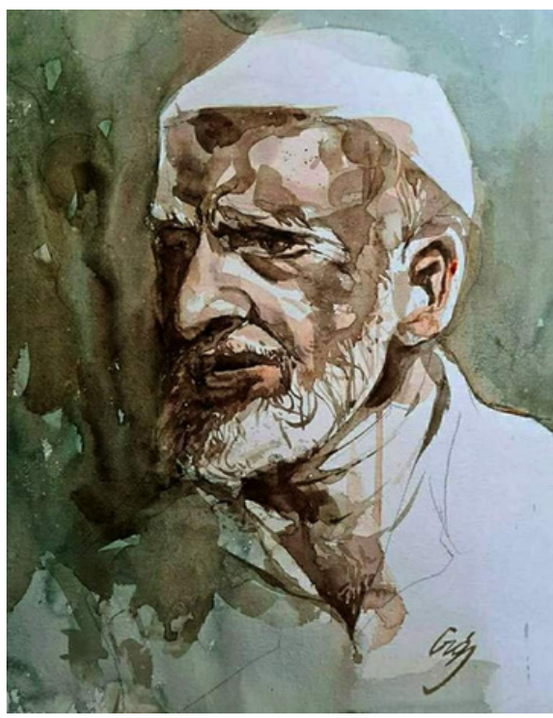
"Mixed and multiple media paintings frequently take the form of integrated collages, where objects, photos, and words are integrated into the painting. These kinds of paintings can trick the eye in some cases, using texturing and collage to create interesting values and shades" she says. In many cases the mixed media approach helps her to draw attention to how very different parts come together to create a complex representation. **>>**

Acrylic on canvas



Computer graphics

Clay on paper



Watercolour

VISUAL ARTIST

GIGI K. THOMAS

"I'm working in a variety of mediums including oil, acrylic, pastel and glass. My approach is very experimental. I like playing with new mediums, techniques and colors" she said.

In short: Gigi born into a family of artistic traditions. Music, cinema, literature, sports are always the favourite topics. While studying for her Degree course, she has been conferred "Kalathilakam" for 3 consecutive years in college level.
Her father was the first guru in painting. After joining for a short course in KSS Arts School under the guidance of Sri. V S Madhu, she gained much knowledge in paintings. Gigi is also a singer and a poet. She is presently working with MM Publications, Kottayam, Kerala. **<>**
Gigi can be reached @ 9447507544

01,02,03: Watercolour
04: Acrylic on canvas
05: Work on bamboo, clay ware and bottles

FOR SALE

Title:
Mother Tree

Code: INK166

Artist: Gigi K Thomas
Medium: Acrylic
Surface: Canvas board
Size: 20x16 inches
Price: Rs.5000/-

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WhatsApp
8547107471

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Ernakulam, Near Kochi, Kerala

PAPER ARTIST

TANIA LIZZOVA

Tania Is Winning Hearts With Her Tiny Hand-cut Paper Plants

Paper is one of the simplest things that anyone can use to create art. Just consider origami or paper-mache—techniques like folding square sheets of paper or slapping wet paper onto a mold can lead to some of the most incredible results.

But there are, of course, other ways of manipulating paper to create incredible pieces of art. Take Tania Lissova, for instance, who “grows” tiny hand-crafted paper flower bouquets that look as realistic as actual flowers.

Tania Lissova, is a 26-year-old paper artist from Tyumen, Russia who makes a variety of extremely intricate nature-themed crafts, including postcards, posters, envelopes, stickers, and framed pictures. One of her more eye-catching projects is to create miniature flower bouquets made completely from paper. **>>**

TANIA LIZZOVA

We invites you to take a look at some of the floral designs Tania has created thus far by scrolling through the list below. While you're at it, why not vote and comment on the ones you like the most! And if these aren't enough, Tania has a whole Instagram page dedicated to her art, so be sure to check it out.

Tania studied Architecture and Arts, though her calling has always been papercraft: "I have been doing this for 4 years. It seems interesting to me to make flowers out of paper. And these have a great advantage over natural flowers—they do not require care and they are always green and blooming."

"Nature inspires me. I look at books on botany, look at wildflowers, and marvel at how beautiful nature is," explained Tania the inspiration behind her calling. "I like to create flowers from paper, as if I grow my own garden. And I often imagine that I am a florist. I like to create mini bouquets of those flowers that I have. They turn out different each time, according to the mood." **>>**

TANIA LIZZOVA

We've also asked if she plans her beautiful creations, but, as it turns out, while some are planned, others come out spontaneously: "These are not always planned. For example, last summer I wanted to make daisies, I just felt that way. And then strawberries. And I felt a strong desire to make a series of wild flowers."

She continued: "The next flowers I planned, I looked for specific ones that speak to the soul. But, it's different with botanical posters. Sometimes, I think a lot about what illustrations I want to do next. I make sketches and leave them for later pondering. While at a later time, step by step, I pick colors, change plants, choose pots, arrange objects. It requires a lot of time, but it's exciting."

While she does have printed material, like posters and stickers, much of her craft is cut and pasted to form the likes of columbines, chamomile, poppies, sunflowers, wild dill, chrysanthemum, peony, daisies, forget-me-nots, anémones, marshmallows, fuchsias, heather, and a bunch more—you name it, she has probably crafted it. And because these are carefully made using tiny intricate pieces and layers of colored paper, it also looks as real as actual flowers, with the whole 3D look. **>>**

TANIA LIZZOVA

Besides flowers, she also does adorable pots of plants like palm trees, cacti, and fig trees. There's even one potted flower that comes in a wicker basket, which you can guess how much time and detail it took to craft. Both potted plants and flower bouquets are pasted onto postcards, collages, and framed pictures, among other things, and sold on her Etsy store.

Like many projects, this one also comes with its own challenges, as explained Tania: "The most difficult thing for me is to stick the middles of each flower. Especially if I cut out all of the pieces separately—a lot of small circles, for example. This requires some skill and holding your breath."

But, in the end, the challenges are overcome, and the results are simply amazing. At the moment, Tania's Instagram is exploding with bloom and greenery as she has nearly 1,700 individual posts dedicated exclusively to her ever-blooming creations.

Lastly, we've also asked what her favorite flower was. She had this to say: "I love Alocasia. I like this minimalistic look and complex shape of the leaves, as well as its evergreen color. I have one Alocasia in the studio, it is always near my workplace. It is my friend throughout my fun experience in paper art." **<>**

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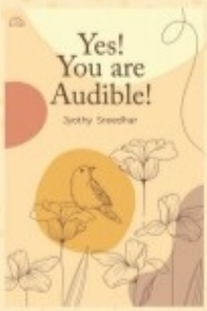

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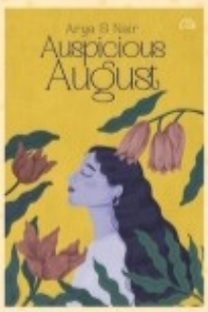

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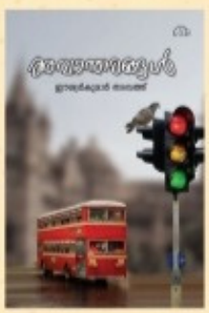
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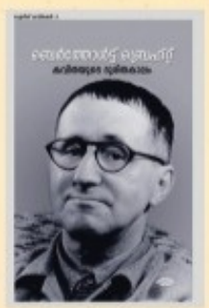
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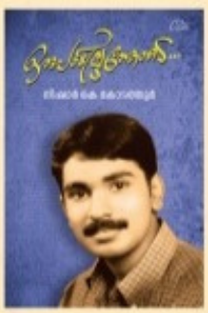
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Significance

IN EDUCATIONAL PROGRAMME

Chat with
Cine & Theatre Artist
ATHIRA SASIDHARAN

Text: Ria Shaurya &
Varghese T. Thomas

One-Act plays were written & staged throughout the 18th & 19th centuries as “The Curtain Raisers” or “The After Pieces”.

They were chiefly farcical & served to amuse the audience before the commencement of the actual drama or were staged for their amusement just after it had come to an end.

The famous one-act play “Monkey’s Paw” was first staged as a ‘Curtain Raiser’ & it proved to be more entertaining than the main drama. It may be said to mark the beginning of the modern one-act play.
The origin of the one-act play may be traced to the very beginning of drama —- in ancient Greece, Cyclops, a play on the forest God , by Euripides, is an early example. **>>**

Significance

IN EDUCATIONAL PROGRAMME

It was great Norwegian dramatist Ibsen, who, for the first time, introduced the minute stage-directions into the one-act play. Before him, one-act plays were written in poetry, but he made prose the medium of his one-act plays. In short, he made the drama, simple & real , & brought it nearer to everyday life. He made the modern one-act play what it is & his example has been widely followed. George Bernard Shaw & John Galsworthy are two of his greatest followers.

The one-act play requires no elaborate setting & costumes, & so comes in handy to be staged in amateur dramatic societies & clubs.

Now with present generation, among students, more colourful costumes, light effects and sound have been added to communicate with the audience more easily.

THE EFFECTIVENESS OF THE ONE-ACT PLAY.

THE one-act play should have a definite place in our educational scheme, despite the fact that it is being often replaced by the three and four-act drama. **>>**

Significance

IN EDUCATIONAL PROGRAMME

Here the purpose is to show how the one-act play can be used effectively for the development of oral reading, to form principles of clear thinking, and to improve the speaking voice.

This is the result of several years of classroom experience in teaching students to appreciate literature and at the same time to develop self-expression in oral reading. Too often students fail to realize the necessity of doing things themselves.

A one-act play may have the same effect as a short story. Both should be read at a single sitting. Each has a climax followed quickly by a conclusion. Each affords an introduction of several characters, complicated situations, and interesting conversations.

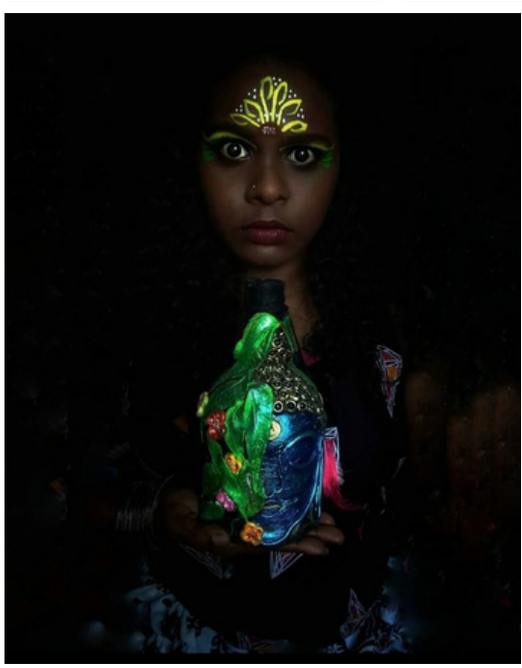
Oral reading is the basis for effective speech training. Every student should have an opportunity to read and speak before an audience and should be encouraged to share his opinions with others. Often many poor speakers with good ideas fail because of shyness in expressing them. **>>**

Significance

IN EDUCATIONAL PROGRAMME

The one-act play is simple enough for the timid student to feel at ease in, and difficult enough for the most talented student to learn in character portrayal. It gives the student the advantage of reading and interpreting four or five character parts during the season, whereas a three-act drama as a rule would permit only one. Then, too, each student in the group will be cast in a part, if the play is staged, and his desire for self-expression will be fulfilled.

It is important that good one-act plays should continue to be written as a distinct and growing art form. Therefore one-act play should be included in the educational curriculum. <>



Credits

Camera: Vivek Ramachandran, Adarsh Bhargav, Hanan Monisha Panakal, Athira & Issac

Costume & Make up: Shayam Sasidhar & Nancy Issac

Model: Artist - Athira Sasidharan

Amazing TO KNOW

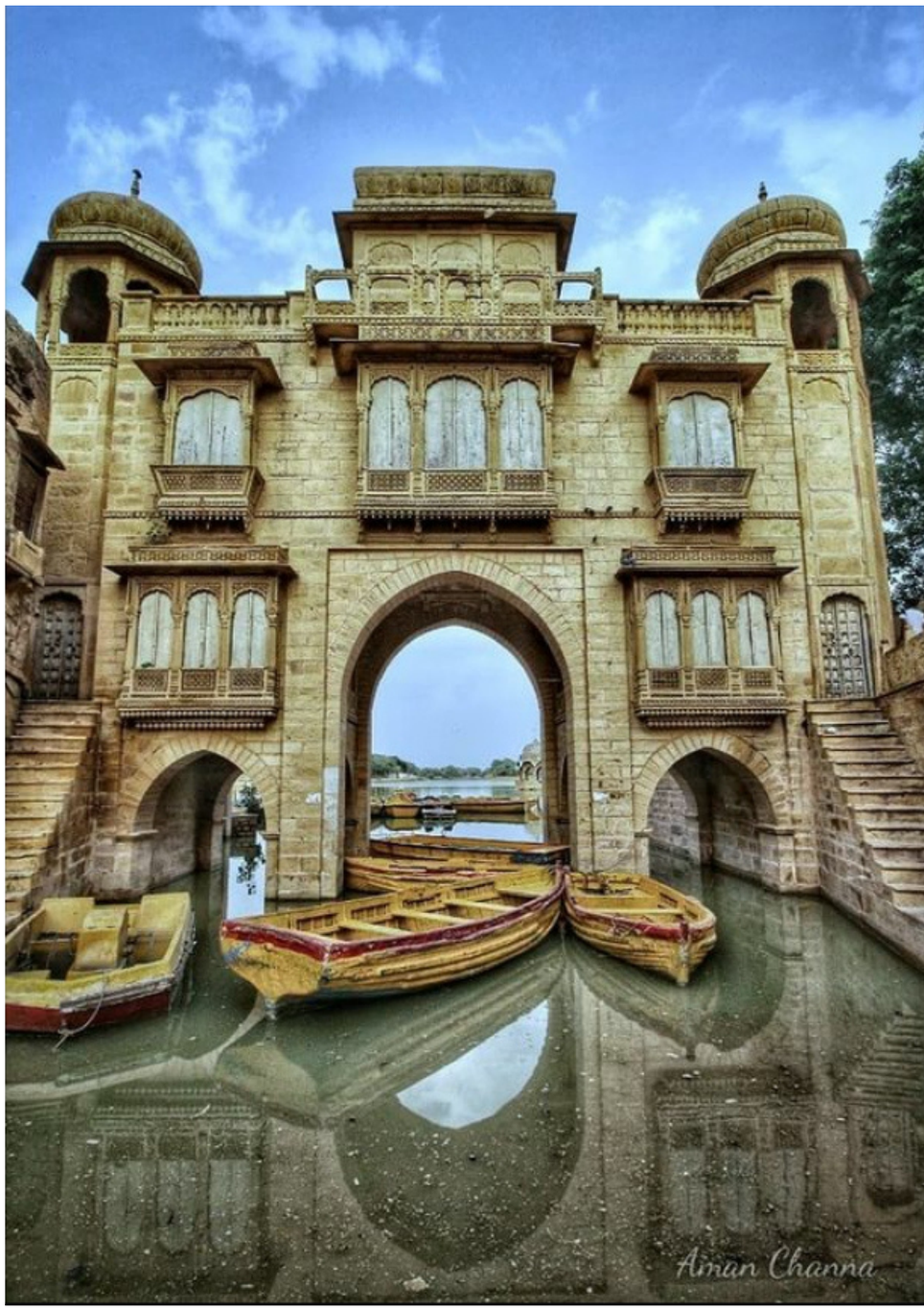
Contribution: Sheikh Jaan

The State Emblem of India - the Lion Capital of Ashoka at Sarnath - was sketched by a 21-year-old art student from Viswa-Bharati in Santiniketan, West Bengal? His name was Dinanath Bhargava. Bhargava travelled 200 km a day for a month, to observe lions at the Calcutta zoo as prep for his sketch of the Lion Capital.

The Lion Capital was built by Mauryan Emperor Ashoka in the 3rd century BCE. The original sculpture is in the museum in Sarnath in Uttar Pradesh. The Lion Capital is a powerful Buddhist motif, and Sarnath is where the Buddha delivered his first sermon.

Dinanath Bhargava's rendition of the Lion Capital of Ashoka was adopted as India's State Emblem on 26th January 1950 along with the Constitution of India.

Amazing TO KNOW



'Tilon ki Pol, Gadisar Lake, Jaisalmer.

The main path down to Gadisar lake leads beneath a lovely triple arched sandstone gate, the Tilon-ki-pol (Gate of Tilon), which dates back to the 14th century. The story of this gate goes this way that Tilon was a famous dancer in the court of the Maharaja. She wanted to pay for a gate to be built here, so that she would be remembered after her death. But the Maharaja refused permission as it would be below his dignity to pass through the same gate to reach the lake, and it would degrade other temples and ghats built around the lake, but when the king was away, Tilon got the Gate built and also built a Krishna temple on top of it so that the king doesn't get it demolished after his return.

Contribution: Aman Channa

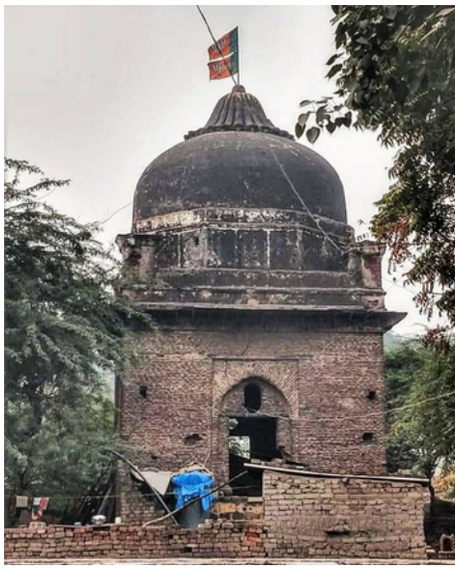
Amazing TO KNOW

The Qutub Shahi Tombs were planned and built by numerous monarchs who ruled the city and the state during the 18th century. They are built in the Persian, Hindu and Pathani styles of architecture. The grandeur of the tombs is complemented by the majestic gardens of Ibrahim Bagh.

Just like the Paigah Tombs were built for the entire Paigah nobility, the Qutub Shahi Tombs were built and dedicated to seven Qutub Shahi rulers and their families, who ruled Golconda for a long period.

QUTUB SHAHI TOMB, HYDERABAD, TELANGANA

Thought by ILF Expert Shivangi Thakur



An unknown tomb in Mewat today serving as a private residence.

Contribution: F. Suhas

Bada Bagh in Jaisalmer is a garden gorgeously beautified with royal cenotaphs (chhatris). Lying about 6km to the north of Jaisalmer, it hosts mellow sunset hued views that reflect on its brown arch!

Contribution: F. Suhas

INKochi eMagazine | Aug 06-12, 2021
Vol-1 Issue-17

Illuminated....!

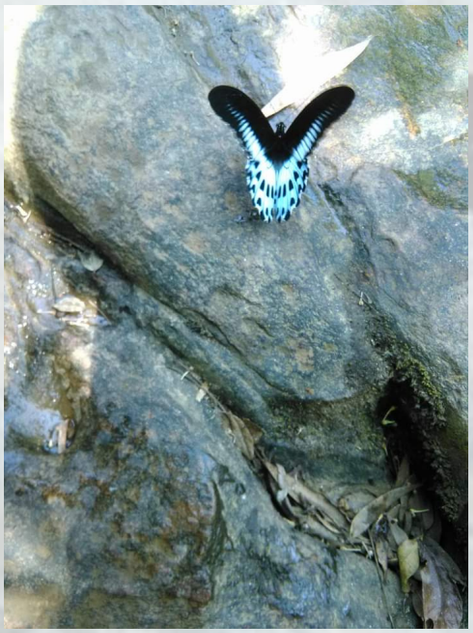
Peacock click at Kabani Karnataka

July 2021.

OneWeek
OneShot

By:
Aarzoo Khurana

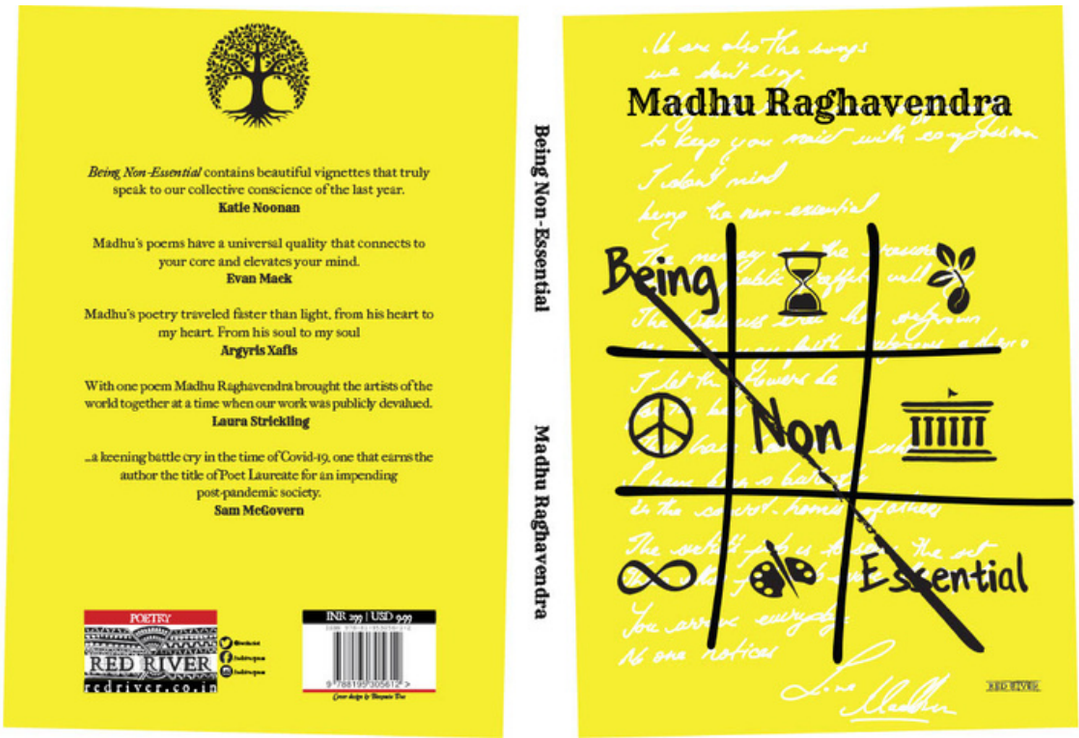
POEM



Prof. Anitha Menon

A teacher by profession, an artist at heart. She has over 25 years of experience teaching in various institutions such as The Cochin College, Cochin University of Science and Technology, Indira Gandhi National Open University. As an artist she is committed to finding self expression through her art and has been part of several art exhibitions.

I once met Silence
nestled in the crook of my arm,
like my son's cat,
who loves the sun
especially after a Swiss winter,
peaceful, contended.
I once met Silence
on the paths that led
up the Alps,
on moonlit nights
when on snowy slopes,
I walked with silent companions,
eloquent in their unuttered speeches.
I once met Silence
in the crowded forest
thick with the sounds of birds returning,
roosting in the approaching night.
I once met Silence on the street
when I was with thousands
who were lost in private worlds
of everyday negotiations in a
world so callous
that words died at birth.
I once met Silence in a
woman, sitting by herself,
dreaming of days gone by,
who had love in her eyes
and fire in her heart.
I stood to a side,
and let the sea wash
over me, under the blanket of stars,
let this spectrum of
Silences embrace me
until I became Silence.


Being Non-Essential contains beautiful vignettes that truly speak to our collective conscience of the last year.
Katie Noonan
Madhu's poems have a universal quality that connects to your core and elevates your mind.
Evan Maek
Madhu's poetry traveled faster than light, from his heart to my heart. From his soul to my soul
Argyris Xafis
With one poem Madhu Raghavendra brought the artists of the world together at a time when our work was publicly devalued.
Laura Strickling
...a keening battle cry in the time of Covid-19, one that earns the author the title of Poet Laureate for an impending post-pandemic society.
Sam McGovern
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Being Non-Essential
Madhu Raghavendra
Madhu Raghavendra
Being
Non
Essential

BOOK REVIEW

Madhu Raghavendra

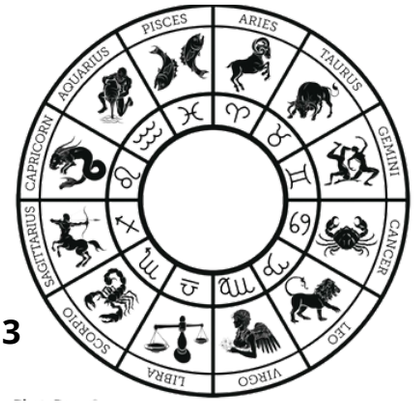
Being Non-essential is the third poetry collection by Madhu Raghavendra. Most of the poems in this collection were written in 2020-21, when we were experiencing a collective grief that we have never before witnessed in our lifetime. The poems also look at art with new light gained from the pandemic. An artist is a witness to his time in history who speaks through the medium of arts. They are beyond the option buttons of essential/non-essential. Art is the essence of the essential.

Brief Bio: Madhu Raghavendra has authored two books of poetry Make Me Some Love To Eat, and Stick No Bills published by Red River, New Delhi. He is the founder of Poetry Couture, a movement that has created free spaces for poetry in many cities of India, including the North East. He uses performance poetry as a tool to advocate human and environmental rights. He regularly curates and reads for the American Center libraries in India. He collaborates with global artists to create cross disciplinary poetry experiences. His poems have been set to classical music and contemporary dance. His works have been featured in many literary journals. He was a resident artist at Basar Confluence, Arunachal Pradesh. His poems have been translated into many languages. Madhu will be participating as resident poet at 2021 Spring International Writing Program, The University of Iowa.

WEEKLY Tarot Reading

By: Chaitali Mukherjee

https://youtube.com/c/TarotPriestess1313



Your Next 7 Days

You will be in accelerated motion as you will end all delays by having the powers of manifestation of your wishes. Luck will favour you, if you go with the flow and don't try to go against the river of life.	**ARIES**	**LIBRA**
You will have total control over your situation by following rules and regimen. You will be in abundant and prosperous situation.A spiritual union with lover, mate or a friend is on the cards.	**TAURUS**	**SCORPIO**
There could be obstacles and challenges this week. However you will stand your ground. The Universe will guide you towards a successful ending and beginning in some aspect of your life.	**GEMINI**	**SAGITTARIUS**
A period of safety, new tangible offers of stability and expansion will come to you. Problems and disturbance would be overcome. New inspiration and new love will begin in life...	**CANCER**	**CAPRICORN**
With your power, patience and strength you will steer yourself from excessive nostalgia. A situation demands moving on in life. Your intuition will become heightened in this period.	**LEO**	**AQUARIUS**
You will finally show some self assurance and authority to create a favourable environment for yourself by walking away from fuss and drama. You will proceed to fulfil your ambitions rather than other people's expectations.	**VIRGO**	**PISCES**

A period of voluntary sacrifice for loved ones. You will have the necessary patience and hope in the situation. Though you can become a subject of envy or deception in a certain circumstance. Victory will be yours in the end.	
Balance and harmony is required inside you and also in your outside world. A heartbreak is still affecting you and triggering a huge transformation in your life this will take you towards wish fulfilment and liberation.	
Transformation in you will move you forward towards a spiritual union with your soul mate. Patience and sacrifice would required to reach this situation. Overall patience and taking the middle path will work for your progress.	
Victory and success in your path. A decision to bring harmony and expansion will be planned by you. A recognition and upgrade in career. Regarding justice situation will be fair and favourable.	
You will start this week with a new found spiritual strength and clarity. This will guide you towards clear action and new beginnings. Emotionally, you will be withdrawn to regain harmony in life.	
There would be an end to self sabotage and missed opportunities. A narrow escape from a huge problem. The healing energies will come in and you will feel joy and wish fulfilment.	

To know more about your reading, please watch her YouTube channel - Tarot Priestess 1313

Recipe - serves 04

Cherthala

MEEN (FISH) CURRY

Tessy John
Army Station, Jaipur

Having lived in North India for a long time, whenever we buy fresh fish, we make this traditional curry first, after which we use what's left for western recipes. Kerala fish curry is unique in that it charms everyone regardless of the variety of other dishes that may be in its midst. If you wish to add it, raw mango adds a tangy flavor, as does coconut milk.

Ingredients

- 500gm fish sliced
- 1 raw mango/4 fish tamarind
- 1 cup onion sliced
- 1/2 cup tomato (optional)
- 2 springs curry leaves
- 4_5 green chillies
- 1 tsp garlic chopped
- 1 tsp ginger chopped
- 1 tsp mustard seeds
- 1/4 tsp Fenugreek seeds (optional)
- 1/2 tsp turmeric powder
- 1/2 tsp coriander powder (optional)
- 2 tbsp Kashmiri red chilli powder
- 1 cup water
- 250ml coconut milk
- Salt to taste.

Preparation

- Clean the fish and keep aside.
- Heat some coconut oil in a pan.
- When the oil is hot, add mustard seeds and allow it to splutter and then add fenugreek seeds to sizzle.
- Add curry leaves and green chillies and fry them for a few seconds.
- Add onions,ginger and garlic and fry them till onion turns translucent.
- Add turmeric powder,chilli powder, coriander powder and salt and cook for a few minutes.
- Add raw mango wedges/tamarind and tomatoes and sautee for a few seconds.
- Add 1/2 cup of water and let it come to boil and add fish slices and coconut milk.
- Reduce the flame and cook for 10 minutes till the gravy thickens nicely.
- Garnish with curry leaves and serve hot with steamed rice.

in & around KOCHI

Brand new eco-wellness vertical of Cherish Expeditions - ātmīyaṁ to host a 3-day event late this August

This brand new vertical from Cherish Expeditions has its predominant focus on art, movement workshops and curated immersive and transformative experiences. With strict covid protocols, this invite-only eco gathering will have extremely talented mentors and eco-friendly and sustainable brands taking part in it.

The main eco-wellness retreat event happening in August will have Sahiba Singh (Intuitive body project) and Greshma Dhanarajan (Sound healing and creativity workshop) as the main facilitators. Keerthi Mohan (Natural Colour Exploration) and Akhil Joshi & Alan Dev (Labyrinth Collective) will be hosting sessions and musicians including Nithin M Maenon and Manuka will be performing. The project that brings the best creative professionals under one roof aligns with ideas like developing a conscious living lifestyle with a holistic approach,personal well being and a vegan lifestyle.

The launch of ātmīyaṁ took place on July 18th at Mandalay Hall, Kochi with prominent influencers and artists taking part in it.

The ones who are interested in being a part of the eco wellness gathering in August are expected to fill in the form in the below link http://bit.ly/2UJjKy8.

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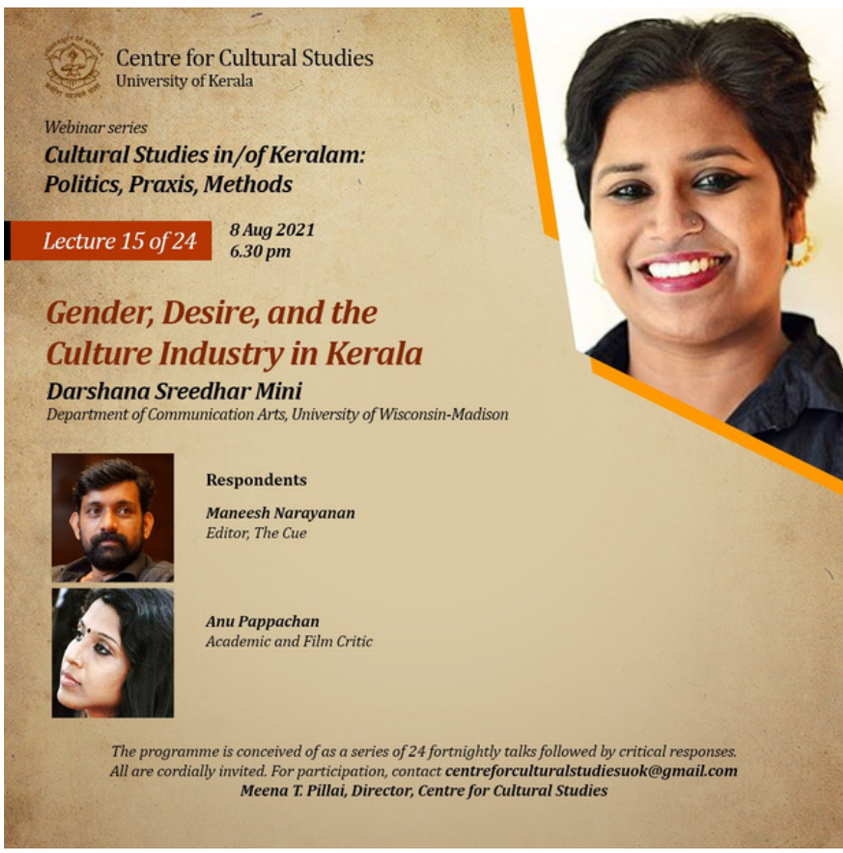
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University of Kerala
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Cultural Studies in/of Keralam:
Politics, Praxis, Methods
Lecture 15 of 24
8 Aug 2021
6.30 pm
Gender, Desire, and the
Culture Industry in Kerala
Darshana Sreedhar Mini
Department of Communication Arts, University of Wisconsin-Madison
Respondents
Maneesh Narayanan
Editor, The Cue
Anu Pappachan
Academic and Film Critic
The programme is conceived of as a series of 24 fortnightly talks followed by critical responses.
All are cordially invited. For participation, contact centreforculturalstudiesuok@gmail.com
Meena T. Pillai, Director, Centre for Cultural Studies

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